

## **PLEASE LABEL EVERYTHING!**

**Pack your camper's belongings in a duffle bag, suitcase, plastic bin or trunk with a HEIGHT OF 13" OR LESS (to fit under a bunk bed).**

**Please keep in mind that there is limited space in the cabins. Items are brought to camp at your own risk. We cannot be responsible for lost or damaged goods!**

**The following list is a guideline for a 2-week stay. If your camper's stay is shorter or longer, please adjust accordingly.**

### **BEDDING**

- One pillow
- Two pillowcases
- One twin size fitted sheet
- One sleeping bag
- One blanket

### **CLOTHING**

- 6-8 pairs of socks
- 6 pairs of underwear
- Sneakers - 2 pairs recommended, 1 pair is required
- 1 pair of lightweight footwear - outdoor sandals, crocs or flip flops
- 6 tee shirts
- 4 long-sleeved shirts
- 4-6 pairs of shorts - athletic style, loose-fitting
- 4 pairs of long pants - nylon, polypro, athletic style sweatpants (quick drying)
- 1 bathing suit
- 1 set of sleepwear
- 1 heavier sweater or jacket or fleece (temperatures sometimes drop into the 40's at night in VT)
- 1 raincoat or poncho
- 1 brimmed hat - baseball cap or hat with a brim for sun protection
- 1 knit hat - wool blend or fleece for cooler temperatures, optional
- Jackknife - 3" blade or less only please - **optional**

### **CAMP EQUIPMENT**

- 1 water bottle
- 1 bandana - optional, handy to have

1 flashlight or headlamp (for hands free) with new and spare batteries  
1 daypack

## **MISCELLANEOUS**

Toiletries:

Toothbrush

Toothpaste

Biodegradable eco-friendly soap and shampoo - Ivory soap or other biodegradable soap/shampoo.

***Soap and shampoo should be in a plastic bottle or bar soap container.***

Menstrual supplies

Sunscreen SPF 15 or higher

1 laundry bag

Insect repellent - no aerosols, please

2 towels - to include 1 beach towel

Sketch pad or spiral notebook with crayons, colored pencils, or other writing utensil (pen, pencil)

Games - *small* board games or card games (such as Uno) are welcome. (Collectible card games that are valuable should be left at home), **optional**

Stationary - with SASE in a plastic sealable bag, **optional**

Chapstick - **optional**

Books for reading - **optional**

## **ITEMS THAT MUST BE LEFT AT HOME**

**Musical instruments (we have a small selection of musical instruments that can be used by campers)**

**Electronics of any kind**

**Food and drink - it attracts insects and animals to the cabins!**

**Valuable or irreplaceable items**

**Hatchets, firearms**

**Knives with blades longer than 3"**

**Candles**

**Breakable bottles or containers**

**Aerosol sprays**